



Dr. Vithalrao Vikhe Patil Foudation's
COLLEGE OF PHYSIOTHERAPY

Opp. Govt. Milk Dairy, M.I.D.C., Ahmednagar-414111

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Accredited NAAC Grade "A"



Performance Appraisal Report

For self-Appraisal of teaching staff

(Year 2023)

Name :- Dr. Suvarna Ganvir

Designation :- Professor and Head, Dept of Neurophysiotherapy

Working since :- July 2010

A] Additional Academic Qualification acquired in last one year

Sr. No	Degree / Diploma	University	Division / Grade Merit
1.	REsearch Methodology with Artificial Intelligence	MEU India Group	-

B] 1. Teaching Assignment

Sr. No	Year I/II/III/IV	subject	No. of classes/ week	No. of hours allotted as per syllabus
1.	III	FDPS	2hrs /week	20

2. **PG Activity – No. of Activities per week: 4 per week**

3. **Ph.D. Work – No. of activities per month: 1 per month**

C] Administrative Responsibilities:

1. NAAC Coordinator
2. PhD Coordinator
3. UG Coordinator
4. Annual Report Incharge
5. Mentorship coordinator

D] 1. Examination duty (University)

Sr. No.	Subject	B.P.Th/MPTh	Internal / External
1.	Neurophysiotherapy	MPT	External

2. Duty as an Examiner (Institute)- None

E] Participation in

1. Faculty Development Program Outside the Institute

Sr.no	Date	Inspection/Workshop/ Seminar/ Conference/ Meeting	Level of participation	Place
1	4 February 2023	Alignment of health profession education with NEP 2020 – A way forward	Faculty	Krishna Vishwa Vidyapeeth , Karad .
2	9 February 2023	Curriculum framing	Resource person	BVDU, Pune
3	11 & 12 February 2023	Converting thesis into manuscript (60 th Annual IAP Conference)	Workshop speaker	Ahmedabad , Gujarat
4	11 & 12 February 2023	60 th National Conference of Indian Association of Physiotherapists	Chairperson	Ahmedabad , Gujarat
5	11 & 12 march 2023	Scientifica Assessment in physiotherapy education evolving perspectives and contemporary trends .	Panelist	Sancheti Institute of Physiotherapy and REhabilitation, Pune
6	13 – 15 March 2023	Training of trainers on development of individual care plans for children with disabilities	Resource person	The metropolitan hotel, Connaught place, New Delhi
7	14 – 16 April 2023	IFNRCON	Faculty	MET Mumbai
8	2-4 June 2023	World physiotherapy congress Poster – Pragati Pustak - A parent oriented screening tool for identification of development delay – utility and efficacy : 7 yrs longitudinal study	Presentation	World physiotherapy congress , Dubai.
9	27 & 28 July 2023	The International Classification of Functioning Disability and Health (ICF)	Resource person	MGM School of Physiotherapy , Aurangabad .
10	5 & 6 August 2023	Physio Manthan 1 st national conference of IAP Women Cell	Panelist /Delegate/ Organising Committee	Constitution Club of India , New Delhi.
11	10 August 2023	Basic research methodology workshop	Resource person	KMHMC Ahmednagar

12	4 October 2023	Orientation workshop for preparation of blueprints of Bachelor of Physiotherapy Curriculum	Delegate person	MUHS Nashik
13	27 October 2023	Stroke innovation and excellence	Stroke innovator	Voice of Healthcare Group Taj Skyline , Ahmedabad
14	2 Decemeber 2023	Panel discussion on WHO ICF in Documentation	Panelist	Sancheti Healthcare Academy, Pune
15	3 December 2023	Panel discussion Empowering Lives: Breaking Barriers for Inclusive Futures"	Panelist	Indian Federation of Neurorehabilitation, Mumbai.
16	March- Sept 2023	REsearch Methodology with Artificial Intelligence Online Course	Participant	MEU India group

2. Co- curricular activities organized in the institute

Sr.no	Name of activity	Date
1	Alumni Activity	26 th April 2023
2	National Youth Day	12 th January 2023
3.	National Stroke Conference	29 th October 2023.

F] Research

1. Individual research as a Principal Investigator -----

Sr.no	Title of study	Status
1	Impact of duration of stroke on functional performance and community participation among post stroke community dwelling stroke survivors in Ahmednagar district: 5 years Longitudinal Study	60% Data collection done.

2. Individual research project as a Co- Investigator

Sr.no	Title of study	Status
1	Physical fitness in patients with Type 2 Diabetes Mellitus : A 5 years longitudinal study	30% data collection done

3. As a research Guide (Furnish details of Completed Projects Only)

Sr.no	Name of students (UG)	Title	Publication Status
1	Rama Bordawekar	Age, gender& duration wise analysis of community integration in pts. With stroke and SCI-an observational study	In process
Intern			Publication Status
1	Prajwal Joshi	Pattern of weight distribution in standing in patients with stroke& its co-relation with functional reach.	Simran A. Mishra., Prajwal Joshi.,Maheshwari Harishchandre and Suvarna S. Ganvir, 2023. Pattern of weight Distribution in

			Standing in Patients with Stroke and its Correlation with Multidirectional Reach. <i>Int J Recent Sci Res.</i> 14(11), pp.4312-4315.
	Aditi Arbat	Effect on frontal lobe activity with EEG in patients with subacute stroke of affected & unaffected side with active movements with & without instructions.	In Process
	Shrutika Khatale	Frontal lobe activity with EEG in normal individuals with active movements with & without instructions in different age groups	In Process
PG			Publication Status
1	Dr. Stuti Gaikwad	Comparative study of 4 weeks on Task Specific Training versus Conventional Physiotherapy on sitting balance in patients with Spinal cord Injury: A Randomized controlled Trial	In Process
	Dr. Shubhangi Mukund	Factors affecting functional recovery in patients with Stroke up to 6 months – A longitudinal Study	In Process

4. Paper Publication list (write in Vancouver style)

Ganvir S S, Mishra S A, Harishchandre M, et al. (February 04, 2023) A Case Report on Dyke-Davidoff-Masson Syndrome: A Rare Cause of Hemiparesis. <i>Cureus</i> 15(2): e34637. DOI 10.7759/cureus.34637
MohanaSundaram A, Thukani Sathanantham S, Gudesblatt M, et al. Using modified Ashworth scale for assessing multiple sclerosis-associated spasticity: a high time for a paradigm shift. <i>Therapeutic Advances in Neurological Disorders.</i> 2023;16. doi:10.1177/17562864231154653
Simran A Mishra, Suvarna S Ganvir, Maheshwari A Harishchandre . Methods and tools for measurement of genu recurvatum in patients with stroke: a systematic review. <i>Int J Health Sci Res.</i> 2023; 13(2):163-169. DOI: https:// doi.org/10.52403/ijhsr.20230224
WCNR 22/Abstracts. <i>Neurorehabilitation and Neural Repair.</i> 2023;0(0). doi:10.1177/15459683231159499
Shaikh, Salim B.; Ganvir, Suvarna S.. Effect of 4 Weeks of Scapular Proprioceptive Neuromuscular Facilitation on Scapular Alignment and Upper Extremity Motor Performance in Patients with Stroke: A Repeated Measure Design. <i>Medical Journal of Dr. D.Y. Patil Vidyapeeth ()</i> ; June 02, 2023. DOI: 10.4103/mjdrdypu.mjdrdypu_170_22
Mishra AV, Ganvir SS. Goal setting and intervention based on the International Classification of Functioning, Disability, and Health for a patient with chronic spinal cord injury. <i>Physiother - J Indian Assoc Physiother</i> 0;0:0.
Mishra Ashwini V, Harishchandre Maheshwari S, Ganvir Suvarna (2023) Impact of Pelvic Alignment and Balance on Clinical and Community Walking Performance in Patients with Stroke: A Cross-sectional Study. <i>Journal of Neurology Research Reviews & Reports.</i> SRC/JNRRR-206. DOI: doi.org/10.47363/JNRRR/2023(5)177
Bhagat, P., Harishchandre, M., & Ganvir, S. (2023). Comparative Study of Immediate and Short Term Effect of 4 Days of Scapular Stabilizing Exercises and Scapular Proprioceptive Neuromuscular Facilitation on Scapular Alignment and Functional Task in Patients with Stroke – An Experimental Study. <i>International Journal of Clinical and Biomedical Research</i> , 1–8.
Sancheti P, Ganvir S. Analysis Of Capacity And Performance Of Activities & Participation In Patients With Diabetes: A Pilot Study. <i>Natl J Integr Res Med</i> 2023; Vol.14(4): 16-20
Simran A. Mishra., Prajwal Joshi.,Maheshwari Harishchandre and Suvarna S. Ganvir, 2023. Pattern

of weight Distribution in Standing in Patients with Stroke and its Correlation with Multidirectional Reach. *Int J Recent Sci Res.* 14(11), pp.4312-4315.

Khairnar S, Ganvir S. Kinematic analysis of suryanamaskar using a smartphone application: A case study. *Yoga Mimamsa.* 2023 Jul 1;55(2):119-22.

Ganvir SS, Jethani SM, Gaikwad SN, Harishchandre M. Functional recovery in a rare case of an adult patient with leucodystrophy. *Int J Res Med Sci* 2024;12:284-8

Quazi Ibtessaam Huma, Suvarna Ganvir, Maheshwari Harishchandre. Relationship between Functional Status and Quality of Life in Patients with Spinal Cord Injury: A Cross - Sectional study. *Int J Physiother Res* 2023;11(6):4651-4656. DOI: 10.16965/ijpr.2023.152

Stuti N , G., Maheshwari A, H., & Suvarna (PhD), P. D. G. (2023). Sitting And Standing Balance Assessment Tools In Patients With Spinal Cord Injury: A Systematic Review. *VIMS JOURNAL OF PHYSICAL THERAPY*, 5(1), 20–27. <https://doi.org/10.46858/VIMSJPT.5106>

5. Book Publication-

Sr. No.	Book Name	Publisher
1	Physiotherapy in Obstetrics and Gynaecology (A comprehensive book on Women’s Health) Chapter on ICF in Women’s Health	Jaypee Brothers

G] Contribution of HSET unit

1. No. of PPT’s submitted- 30
2. No. of teaching plans- 24
3. Question bank contribution-30
4. Any other - organised Workshop on Synopsis Writing for PhD, PG Students, workshop on Dissertation writing for PG students.

H] Extracurricular Activities in the Institute organized/ attended

Sr.no	Name of activity	Date	Components of activity	Organization /attended
1	GENESIS - Sports Activity	26 th JANuary 2023	Sports events	Attended
	Fun and Food	4 th March 2023	Fun games	Orgaised

I] Community work (National Integration, Public Awareness, Secularism- outside the institute)- Public awareness on role of Physiotherapy on the occasion of World Physiotherapy Day at Civil Hospital.

J] Participation in NSS activities:- Swacha Bharat Abhiyaan

K] Professional organization joined in last one year- World Stroke Association, Life Membership.


Signature of Teacher