

Any other Relevant Information



Dr. Vithalrao Vikhe Patil Foudation's
COLLEGE OF PHYSIOTHERAPY

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NAAC Accredited Grade 'A'



INDEX

Sr. No	Item
1	Interdisciplinary health care practices
2	Primary Health Care center and Social Worker Pragati Pustak
3	ANC PNC clinic, Dept of OBGY
4	Chest Clinic, Dept of Medicine
5	Knee Clinic, Dept of Orthopaedics
6	Falls Clinic, Social Work Dept

Primary Health Care center and Social Worker

Pragati Pustak

It is a screening program for children from 2 months to 24 months of age. It evaluates neonates and children for the Physical developmental milestones based on the patented pragati pustak document which is card provided to the parents. Screening takes place in the institute hospital and rural health center of the nearby villages on the day of vaccination, every month.

A team of Physios including a teacher and Undergraduate and Postgraduate students visit the Primary health center. An informative session in the form of PPT presentation is given to the villagers. Utility of the card is explained to the new visitors. Pragati pustak already provided to old visitors is checked with respect to the content filled up. Parents are explained about the developmental milestones and red flag signs which indicate the need for Physiotherapy intervention

Record is maintained in the form of one page assessment proforma which is maintained at institute OPD area.

भौतिकोपचार



विठ्ठलराव विखे पाटील फौंडेशन
कॉलेज ऑफ फिजिओथेरापी
 गव्हर्नमेंट द्रुप देउरी समोर, एम. आय. डी. सी. अहमदनगर - ४१५१११
 फोन नं. - (०२४१) २७७८०४२, २७७७०५९

आचार्यस्वामी

 मा.डॉ. बाळासाहेब विखे पाटील
 माजी कैबिनेट मंत्री, भारत सरकार

चेअरमन

 मा.ना. राधाकृष्ण रत्ननाथ विखे पाटील
 विरोधी पक्षनेते, गिधाणकर, महाराष्ट्र राज्य

वरपुत्रीस्वामी

 मा.डॉ. बाळासाहेब विखे पाटील
 मुख्य संचालक, विखे फौंडेशन (सी.ई.ओ)

प्रगती पुस्तक

बाळाचे नांव : असुखी कोळी
 जन्मतारीख : २७/१०/२०१२
 बाळाच्या आईचे / वडीलांचे नाव : असुखी कोळी
 पत्ता : शिवाजी नॉर्डक
 मोबाईल : ७५९४०५५७११

29°C
 11:00 AM
 Latitude Longitude
 18.179° N 74.638° E
 Friday, 20 Oct, 2023

३-५ महिने

मान सावरणे

आईला ओढवणे

चालणे

५-६ महिने

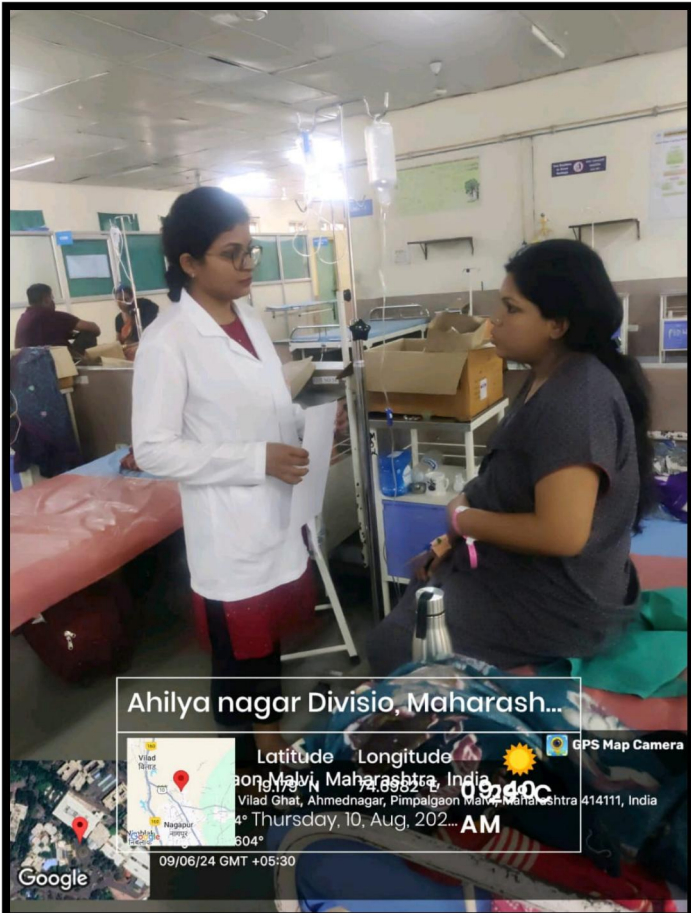
एका काठेवर येवून घालणे घडवणे

हातांभ्या कोपऱ्यांवर कजम टाकणे

मांडीवर कजम घालणे

पोटावर रांगणे

ANC PNC clinic



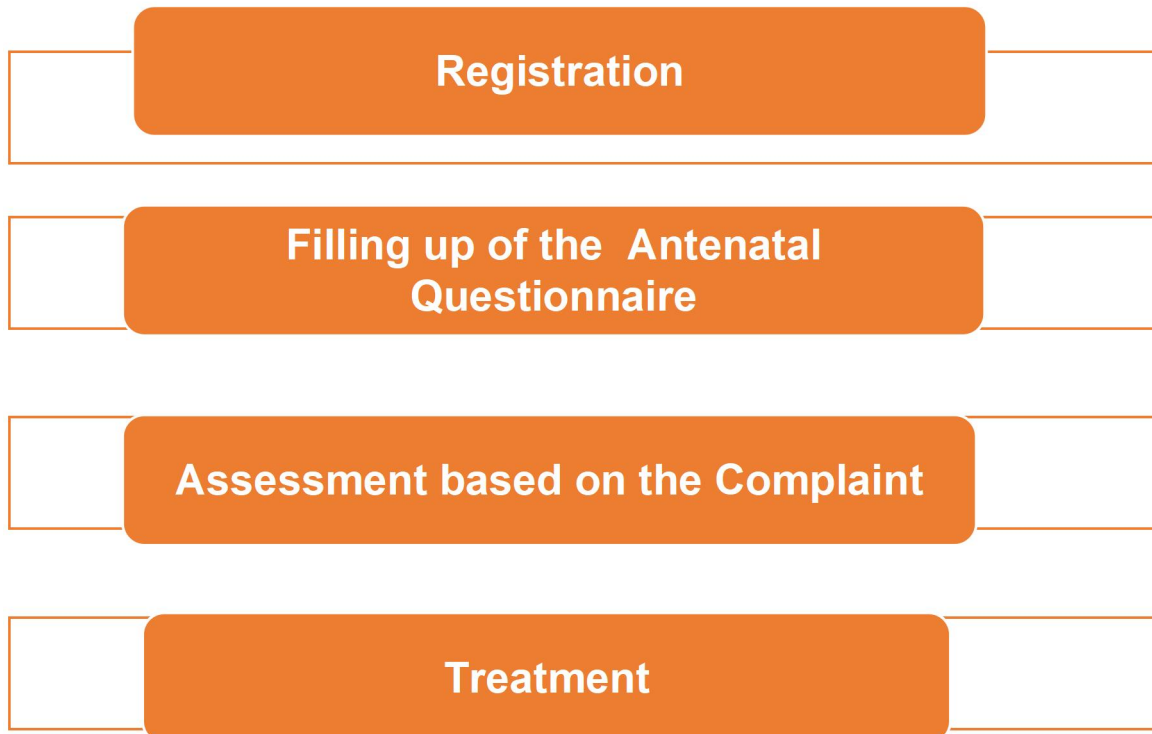
ANTENATAL CLINIC

Ante-natal clinic is conducted by the Department of Community Physiotherapy on every Thursday between 11 am to 1 pm in the OBGY OPD.

Aims & Objectives

1. To educate mothers about the physical and emotional changes of pregnancy, labour and the puerperium.
2. To explain ante-natal care for a healthy and comfortable pregnancy.
3. To explain the women about urinary incontinence during pregnancy and its consequences.
4. To improve the confidence of mothers in their ability to cope with all the changes during pregnancy.
5. To encourage the sense of responsibility for self and family throughout life.

Functioning:



Antenatal Questionnaire:



COLLEGE OF PHYSIOTHERAPY



Department of Community Physiotherapy

Antenatal Care Checklist

पेशंटचे नाव:

वय/लिंग :

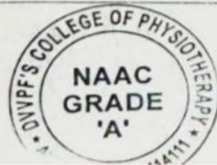
पत्ता:

गरोदरपणातील महिना:

Primigravida/Multigravida:

Previous delivery Date and Type:

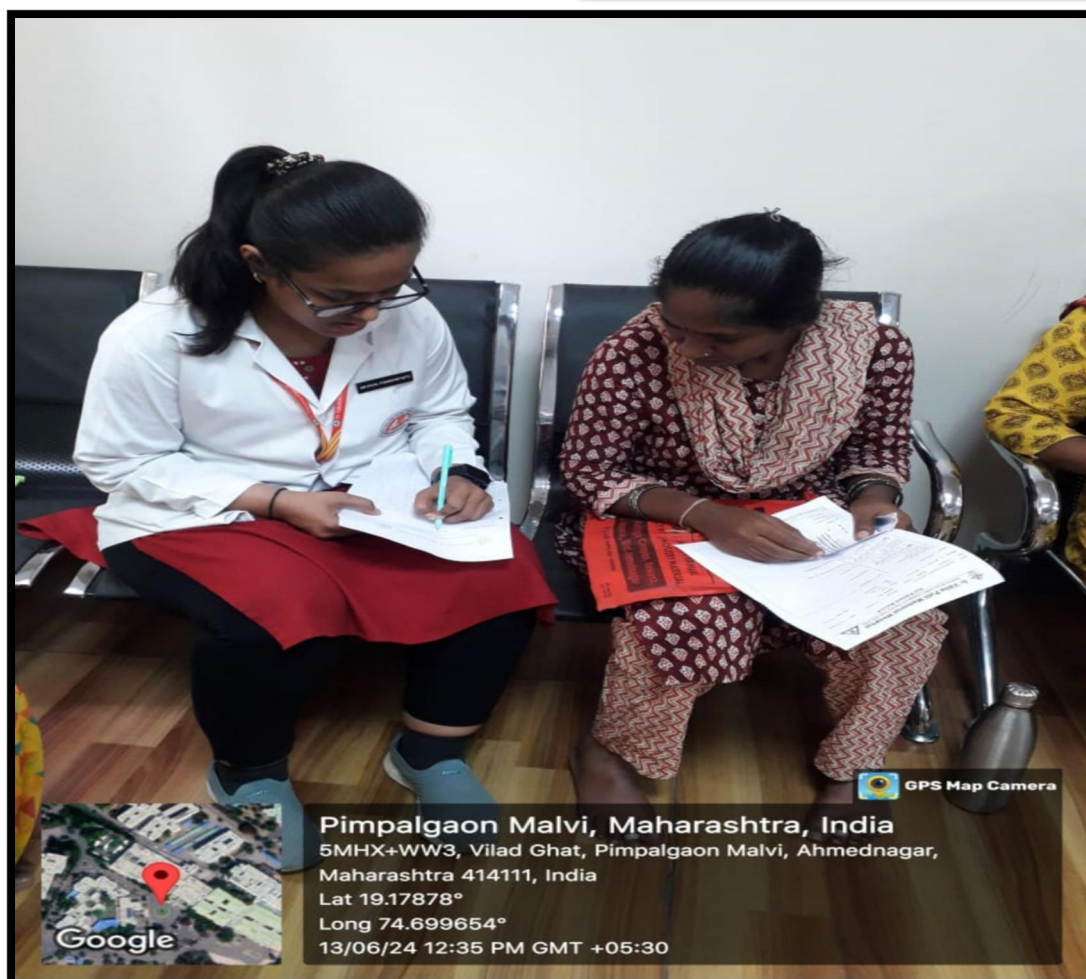
अनुक्रम.	प्रश्न	होय	नाही
०१)	तुम्ही नियमित चेकअपला येता का?		
०२)	तुम्ही कार्यरत आहात का ?		
०३)	तुम्हाला थकवा जाणवतो का?		
०४)	तुम्हाला तुमच्या शरीराच्या कुठल्याही भागात दुखणे जाणवते का ?		
०५)	जर होय, तर तुम्ही त्यासाठी कुठल्या प्रकारचे व्यायाम करता का?		
०६)	तुम्हाला कधी इनवोळणटरी लघवी होते का ?		
०७)	तुम्हाला पेलविक फ्लोर एक्सेरकीसएस बदल माहिती आहेत का ?		
०८)	जर होय, तुम्ही कुठल्या प्रकारचे व्यायाम करता का?		
०९)	तुम्हाला रक्तदाबाचा त्रास जाणवतो का?		
१०)	तुम्ही दररोजच्या आयुष्यात कुठल्या प्रकारचे व्यायाम करता का ?		



Physiotherapy Management: -

Proper explanation about care to be taken during pregnancy and relative physiotherapy treatment for the same for e.g.

1. Pelvic floor exercises
2. After pregnancy breast feeding position
3. Proper back care
4. Ergonomic advice



POSTNATAL CLINIC

PNC clinic conducted by the Department of Community Physiotherapy on every Friday from 11am to 1 pm in OBGY ward.

Aims and Objectives:

- 1) To promote good health and sense of wellbeing of the mother and baby.
- 2) Assisting the new mother's physical recovery following pregnancy and the birth process.
- 3) Addressing any specific individual needs relating to the physical changes in the postpartum period.
- 4) Teaching proper technique for breast feeding.

Functioning-

Visit to the Obstetrics & Gynaec Ward

Instructions to the patients regarding the Clinic

Powerpoint presentation to the patients which includes different Exercise Protocols

Demonstration of Exercises

Filling up of the Questionnaire

Postnatal Questionnaire



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प्रसूती नंतरची प्रश्नावली

नाव:

वय: व्यवसाय (नवरा :/ बायको :.....)

मुलांची संख्या :

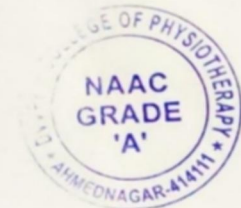
पत्ता :

प्रसूतिचा प्रकार (नॉर्मल /सीझर):.....

लसीकरण :

अ. क्र.	विचारलेले प्रश्न	होय	नाही
1.	तुम्हाला तुमच्या स्तनाच्या (निप्पल) आकारात काही बदल जाणवत आहेत का?		
2.	तुम्हाला दम लागतो का?		
3.	तुम्हाला पाठदुखी किंवा इतर सांधेदुखी आहे का?		
4.	तुम्हाला मूत्राशय, आतड्यांसंबंधी असंयम आहे का?		
5.	तुम्हाला स्तनामध्ये स्पर्श केल्यावर दुधाच्या गाठी जाणवतात का ?		
6.	तुम्ही गरोदरपणात काही व्यायाम करत होता का?		
7.	जर होय, तर तुम्ही अजूनही व्यायाम करता का?		
8.	तुम्हाला चिंता किंवा नैराश्य वाटत आहे का?		
9.	तुम्हाला उच्च रक्तदाब, मधुमेह, वैरिकोस व्हेन आहे का?		

Signature





Chest Clinic

Dept of Medicine

Chest OPD is held twice every week i.e. Tuesdays and Thursdays. Peak Expiratory Flow Rate (PEFR) is a measurement of peak expiratory flow of the patient.

PEF is a person's maximum speed of expiration as measured with a peak flow meter, a small, hand-held device used to monitor a person's ability to breath out air. It measures the airflow of bronchi and thus the degree of obstruction in the airways. It is typically measured in liters per minute (L/min).

It helps the therapist to emphasize about the performance of a complete cardiovascular physical examination. Therapist performs appropriate assessment and diagnosis of common problems referred to the cardiac clinic and develops plans for treatment, monitoring, and follow-up.

The patients are advice for enrollment in the Pulmonary Rehabilitation programme which is practiced in our OPD of Cardiovascular and Respiratory Physiotherapy.



KNEE CLINIC

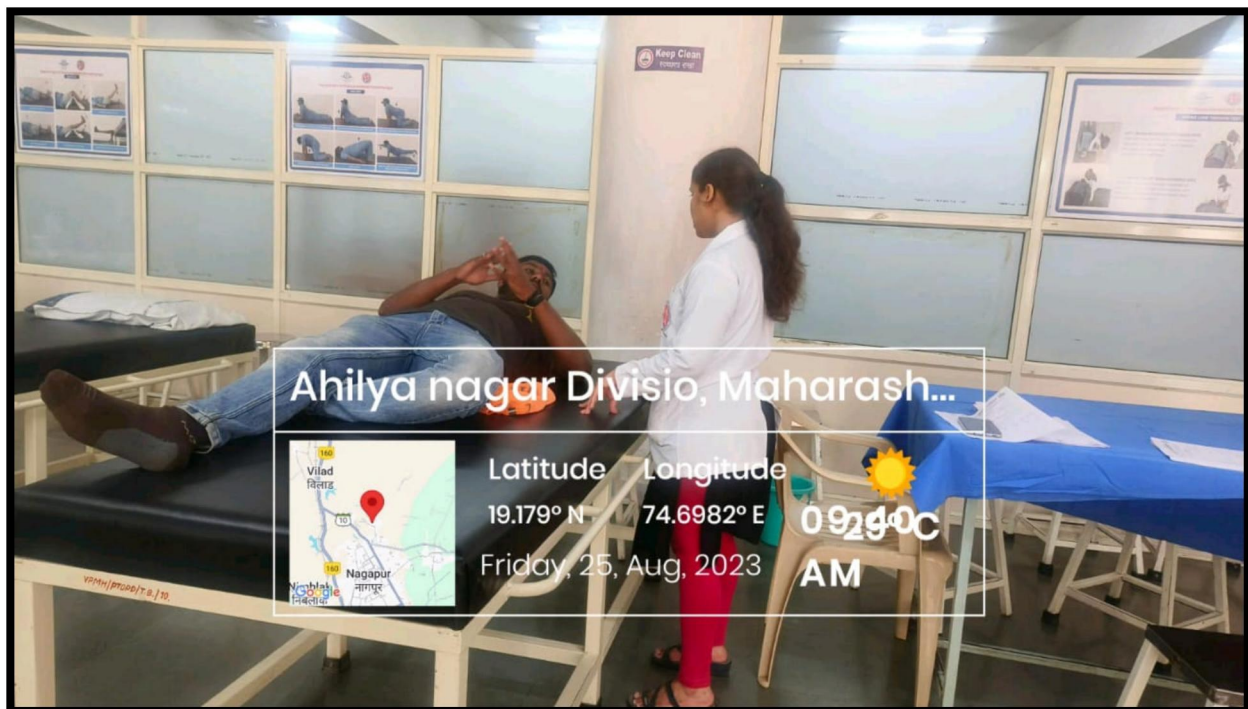
Orthopaedic Department

Department of Musculoskeletal Physiotherapy conduct the knee clinic on every Tuesday between 10am to 4pm. The vision of conducting knee clinic are:

- To assess the patients with knee pain and difficulty in doing activities of daily living and advise them for the physiotherapy treatment.
- Advice for regular follow up visits.

Knee clinic was started in 2018, till now more than 1000 patients were treated. In the knee clinic we assess and treat the patients with various knee pain conditions. It includes traumatic knee pain with meniscal and ligament injury, osteoarthritis, post operative knee pain- ACL Reconstruction, Total Knee Replacement. The posted Post graduate and Intern students takes the detail assessment of this patients of this patients and maintains the record in the Knee Clinic assessment proforma. Also they gives the appropriate physiotherapy treatment including electrotherapeutic modalities and exercise therapy. The individualised home protocol also explains at the end of treatment. Patients then asked to re-visit the Physiotherapy OPD at given follow up date. In the monthly college council meeting, we present the documentation of assessment form and knee clinic statistics.

From this knee clinic posted students gets the exposure of variety of knee pain patients. Also, students get benefited with sample collection for their thesis related to knee pain.



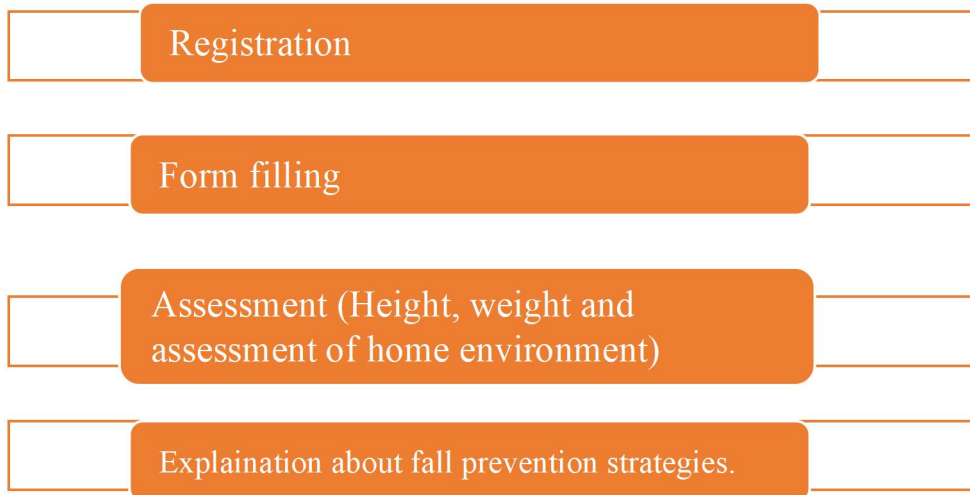
Falls Clinic

Falls clinic is conducted by the Department of Community Physiotherapy on every Tuesday between 11am to 1pm.

Aim and objectives:-

- 1.
2. To educate elderly about falls.
3. To educate about environmental hazards at home.
4. To create awareness about fall prevention strategies.

Procedure:-



Functioning:-

1. After knowing the environmental accessibility proper explanation about environmental hazards is given.
2. Basic fall prevention strategies are explained to them.
3. At the end hard copy of information regarding fall prevention is given to every person.

