



Dr. Vithalrao Vikhe Patil Foundation's  
**COLLEGE OF PHYSIOTHERAPY**

Opp. Govt. Milk Dairy, M.I.D.C., Ahmednagar-414111

Tel:- (0241) 2778042, 2777059, Fax:- (0241) 2779757

E-mail: principal\_physiotherapy@vimscopt.edu.in Website: [www.vimscopt.edu.in](http://www.vimscopt.edu.in)

**NAAC Accredited Grade 'A'**



Ref. No:-DVVPF's/COPT/2023/1758

Date: 02/10/2023

**REPORT**

**Proposed Activity:-** Swachhanjali. One Day, One Hour, One together Shramdaan.  
**Date of Conduct:-** 01-10-2023.  
**Venue:-** DVVPF'S COPT Campus, Ahmednagar.  
**Participants:-** Staff (Teaching & Non-Teaching), 3yr BPTth & Interns NSS Volunteers.

**Description of activities:-** On occasion of Swachhata Pakwada-Swachhata hi Seva 2023, 1 Hour of Shramdaan for "Swachhanjali" On occasion on Mahatma Gandhi Jayanti 01<sup>st</sup> October 2023. NSS Coordinator gave an introductory speech and welcome to the Hon'ble Principal Dr. Shyam D. Ganvir & Teaching & Non-Teaching Staff. The background about Swachhanjali. One Day, One Hour, One together Shramdaan was told by NSS Coordinator Dr. Saqib Syed.

The event started with Garlanding and Lamp lightening Ceremony of the Photograph of "Mahatma Gandhiji" which was done by Principal Dr. S.D. Ganvir, NSS Coordinator and other teaching & non-teaching staff present.

Then the Cleanliness of general areas of DVVPF'S COPT was performed by Principal, NSS Coordinator, teaching & non-teaching staff & NSS Volunteers. Which was followed by Refreshments. Certificate distribution was done by Principal to the NSS Volunteers and a vote of thanks were done by NSS Coordinator and the activity was concluded.

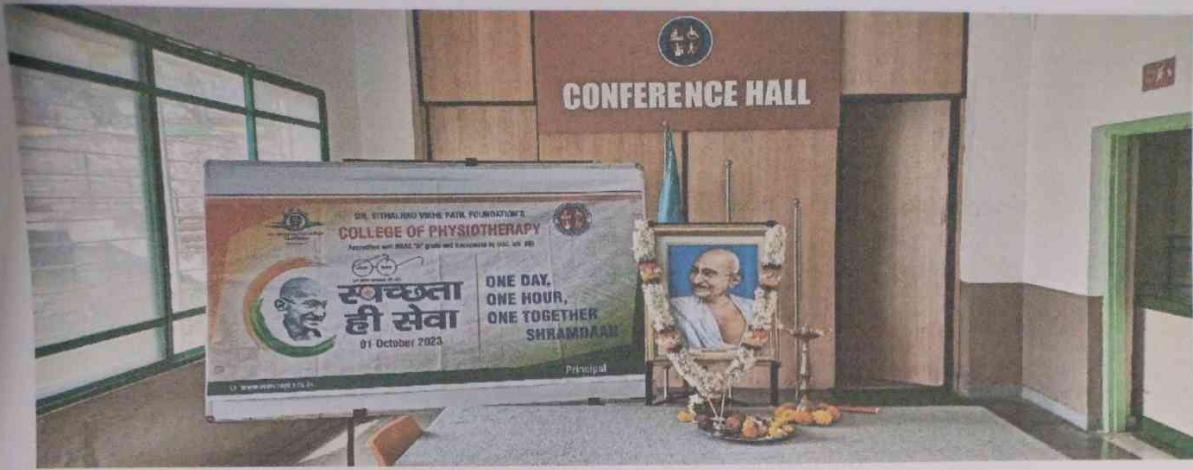
**Total no of Participants:- 41**

**Total no of Students:- 21**

**Total no of Staff:- 20**

**Total no of UG & PG Students:- 21**





*Saqib Syed*

**Dr.Saqib Syed**  
NSS Program Coordinator

*Shyam D. Ganvir*

**Dr.Shyam D. Ganvir**  
PRINCIPAL





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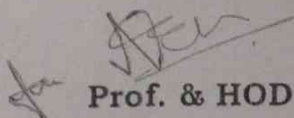
Date:-20/05/2024

**ACTIVITY REPORT**

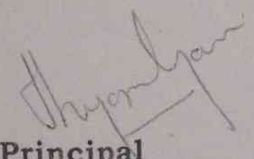
**WORLD HYPERTENSION DAY-17 MAY 2024**

"World Hypertension Day" was observed by Dept. of Cardiovascular and Respiratory Physiotherapy on 17<sup>th</sup> May 2024. This day was observed to create awareness about hypertension and physical fitness among the Non-teaching staff. A Physical Fitness Assessment Camp was conducted in the CVRS Lab of the College of Physiotherapy. A total of 48 teaching & non-teaching staff were assessed for physical fitness, out of which 3 were hypertensive and on medication for the last few years and 6-7 staff are under the pre-hypertension category. The program was carried out with the valuable guidance and support of Dr. Shyam Ganvir (Principal, DVVPF's COPT), Dr. Abhijit D. Diwate (Prof. & HOD, Dept. of CVS & Respiratory PT).

1. Type of activity-World Hypertension Day
2. Date of activity-10:30 am on 17<sup>th</sup> May 2024
3. Place of activity- CVRS lab of College of Physiotherapy
4. Type of Transport & Distance in Km from the institute -Not Applicable
5. Name of the program Coordinator- Dr. Archana Nagargoje
6. Number of teachers/ Non-teaching staff- 1
8. Name of Collaborating Agency (if Any) -
9. Total no. of Beneficiaries- 48
10. Description of Activity-(in 50 words)

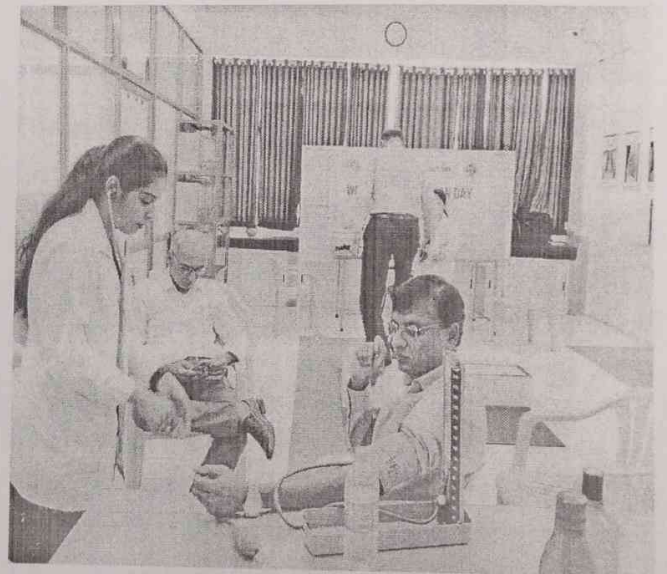
  
Prof. & HOD

Dept. of CVS & Respiratory PT

  
Principal

DVVPF's COPT

PRINCIPAL  
DVVPF's College of Physiotherapy  
Ahmednagar-414111



**Prof. & HOD**  
**Dept. of CVS & Respiratory PT**

*[Signature]*  
**Principal**  
**DVVPF's COPT**





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Date: 10/04/2024


### Report of World health day celebration

World health day was celebrated on 8<sup>th</sup> April 2024 by Musculoskeletal physiotherapy department of DVVPF College of Physiotherapy. The program was organized under the guidance of Dr. Deepak Anap sir HOD of Musculoskeletal department. The program outlined Introduction about the day, Speech by Dignitaries, Demonstration of healthy postural habits to class 3 workers followed by feedback and Thanks giving. It was celebrated at seminar hall of physiotherapy college. Nearly 30 Class 3 workers actively participated in the program.

After the brief introduction of the program by Dr. Nikita Chopade an informative speech was given by our chief guest Prof. Dr. Shyam Ganvir Sir, Principal, COPT. Then to enhance the celebration skit was performed by Dr. Kanchan Joshi and Dr. Snehal Palkar on Healthy posture - Right path for better outcome. Lastly vote of thanks was given by Dr. Nilesh Dond and thus the program ended.

Dr. Vithaldas Vithal Parthi Foundation's  
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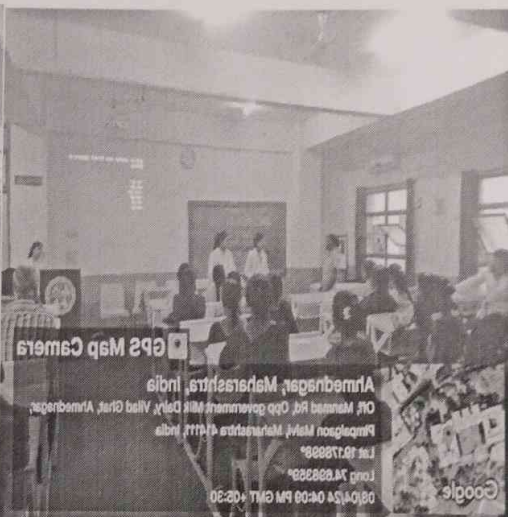
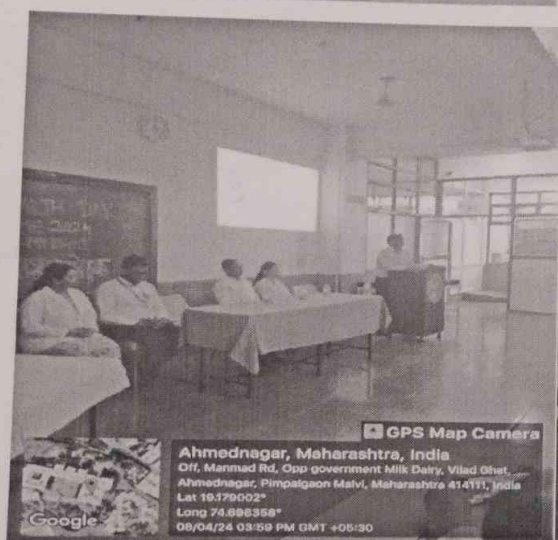
**"DEPARTMENT OF MUSCULOSKELETAL PHYSIOTHERAPY"**



**WORLD HEALTH DAY**  
 7<sup>TH</sup> APRIL  
**THEME: MY HEALTH, MY RIGHT**  
**HEALTHY POSTURE - RIGHT PATH FOR BETTER OUTCOME**

DR. DEEPAK ANAP  
 HOD OF MUSCULOSKELETAL DEPT

DR. SHYAMGANVIL  
 PRINCIPAL



PRINCIPAL

*Shyamganvil*

HOD of MSK dept

*Deepak Anap*





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Ref. No:- DVVPF's/COPT/2023/1935

Date: 21/10/2023

## World Osteoporosis Day

NAME: WORLD OSTEOPOROSIS DAY

DATE: 20/10/23

VENUE: St Monika , D.ed School, Ahmednagar

PROGRAM CO-ORDINATOR - Dr.Deepti Thokal

Dr. Pradnya Dumore

### Details :

World Osteoporosis Day is observed globally on 20 October to raise awareness about the importance of bone health. The camp was organised for girls and staff of St. Monika School by DVVPF's College of Physiotherapy for creating awareness about prevention of osteoporosis. Speech and awareness about Osteoporosis was given by Dr. Monika Thombale. Objectives of camp was 1) to raise awareness about osteoporosis. 2) Educate participants about risk factors. 3) Provide free bone density screening and health checkup.

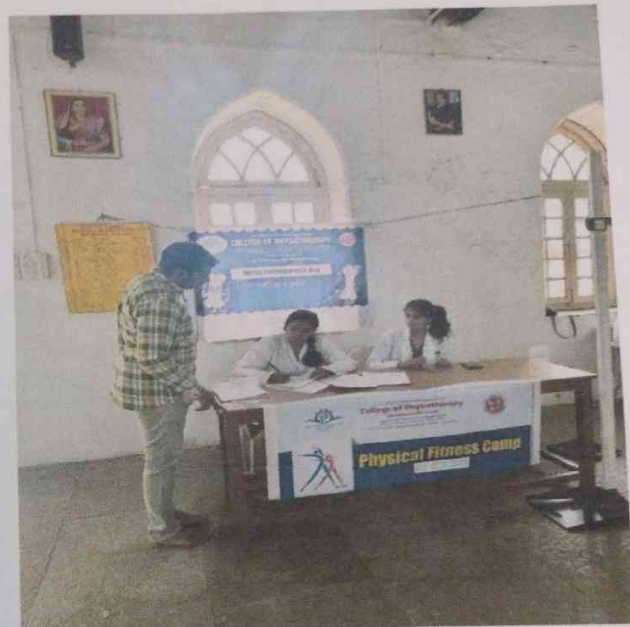
### Activities conducted:

- 1) **Educational Seminar** – The camp featured informative sessions for students and staff of school. The seminar covered topics like awareness of osteoporosis and importance of calcium and vitamin D intake and physical activity.
- 2) **Free screening programme** – Participants engaged in interactive fitness workshop and highlighted weight bearing exercise.
- 3) **Nutritional counselling** – Counselling about calcium and vit D intake was given for health bone health. Fitness screening stations were formed which included – body mass index, flexibility test , body fat composition .

Sr. No.	Stations	Allotted students
01	Registration	Roshani Tayade (Intern)
02	Body Mass Index	Chanchal Ugale (Intern)
03	Body Fat composition	Nikita Wadhvani(Intern), Monika Thombale (PG)
04	Flexibility test	Ninad Thombre (Intern), Anjali Carvalo(PG-1)
05	Step test	Swati Jagtap (Intern), Siddhi Zabak (PG 1)

P.T.O

Screening was conducted of each and every student and staff. At the end of the screening fitness advice was given to them. Feedback form were filled by candidates. Overall experience of camp was very good and knowledgeable. The camp provided valuable information to the participants. The World Osteoporosis Day Camp was a significant success. in raising awareness about Osteoporosis. The camp provided fruitful for the participants.



PROGRAM-COORDINATOR

PRINCIPAL





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## VISIT REPORT

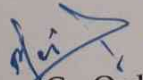
Community posting/ Industry visit/Field visit/Geriatric home/SCI center

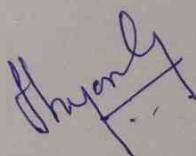
To.

The Principal

DVVPF's College of Physiotherapy

1. Type of Extension / outreach program/visit: stroke camp, 'Arshadeep Kendra'
2. Date of Activity : 04/01/24 29/01/24
3. Place of Activity : Rahuri
4. Type of transport & Distance in Km from the institute : 20 km
5. Name of program co-ordinator : Dr. Maheshwari Harishchandre
6. Number of teacher/ non- teaching staff : \_\_\_\_\_
7. Total number of students participated : UG: 0 PG: 2  
Interns: 4 NSS: \_\_\_\_\_
8. Total No. of Beneficiaries : 7
9. Pre planning of visit : Permission was taken from incharge and
10. Description of activity : Assessment was done on  
patients.
11. Any other information : Documentation was done

  
Program Co-Ordinator







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## VISIT REPORT

### Community posting/ Industry visit/Field visit/Geriatric home/SCI center

To.

The Principal

DVVPF's College of Physiotherapy

1. Type of Extension / outreach program/visit: Menstrual hygiene Awareness
2. Date of Activity: 21<sup>st</sup> March 2024
3. Place of Activity: Wadgaon Gupta Zilla Parishad School
4. Type of transport & Distance in Km from the institute: 4 km - Bus
5. Name of program co-ordinator: Dr. Deepthi C. Phutke
6. Number of teacher/ non- teaching staff: 01
7. Total number of students participated: UG: 02 PG: -  
Interns: 02 NSS: -
8. Total No. of Beneficiaries: 40
9. Pre planning of visit: Permission from Principal Sir + letter to school
10. Description of activity: Awareness about menstrual usage of sanitary pad.
11. Any other information: Documentation was done & report was made

*Phutke*

*Phutke*  
Program Co-Ordinator

